



# Janet Potts's 10 Simple Way to “GO GREEN” ...

## 1. Save energy and money.

- 🌱 Turn your thermostat a few degrees lower in the winter and a few degrees higher in the summer to save on heating and cooling.
- 🌱 Install compact fluorescent light bulbs.
- 🌱 Unplug appliances when you're not using them.
- 🌱 Wash clothes in cold water whenever possible. Use a drying rack or clothesline to save energy. If you use a dryer use dryer balls to cut drying time.

## 2. Save water to save money.

- 🌱 Take shorter showers to reduce water use.
- 🌱 Install low flow showerheads. Make sure your faucets have aerators to save water use.
- 🌱 Plant drought tolerant plants in the yard to conserve watering.

## 3. Save gas to save money.

- 🌱 Walk or bike to work.
- 🌱 If possible work from home to save gas.

## 4. Eat smart.

- 🌱 Eat less meat. Meat cost more at the grocery store.
- 🌱 Buy locally raised meats, eggs, produce and dairy when you can. Purchasing from local farms keeps the money in the local economy.

## 5. Skip the bottled water.

- 🌱 Use a filter to purify tap water and stop buying bottled water. Bottled water is expensive and generates container waste.
- 🌱 Use aluminum water bottle instead of plastic when traveling or at work.

## 6. Think before you buy.

- 🌱 Go on line to find new or used items. This is a great way to save when you're redecorating or looking for furniture, appliances or other items.
- 🌱 Check out thrift stores, consignment stores or garage stores.

## **7. Borrow instead of buying.**

- 🌱 Go to the library and borrow books and movies instead of buying them. This saves on ink and paper.
- 🌱 Get to know your neighbors and borrow tools and other items.

## **8. Buying smart.**

- 🌱 Buying in bulk can save money on packaging.
- 🌱 Wear clothes that do not need to be dry-cleaned.
- 🌱 Buy good quality items that will last longer.
- 🌱 Say no to plastic/paper bags in the grocery/retail stores and purchase re-useable grocery bags

## **9. Keep electronics out of the trash.**

- 🌱 Keep your computers, cell phones and other electronics as long as possible.
- 🌱 Donate or recycle them to keep them from going in the trash, this is a growing environmental problem.
- 🌱 Check with your town to see if they have an electronics recycling and hazardous waste collection event.

## **10. Make your own cleaning supplies.**

- 🌱 Making your own cleaning products saves money, time and packaging.
- 🌱 You can make very effective non-toxic cleaning products using baking soda, vinegar, lemon and soap.

*There are many things we can do to go green and save money!*